

Self-Development

Determine the competency you would like to evaluate keeping in mind the four dimensions: Knowledge, Value, Ability, and Behavior. Then, select the self-evaluation statement(s) below that corresponds to the competency you would like to evaluate. The self-evaluation statements for Knowledge, Value, and Ability all begin with the same prompt which is listed above the Knowledge self-evaluation statement. The self-evaluation statement for Behavior begins with a different prompt which is listed above the Behavior self-evaluation statement. These self-evaluation statements may be copied onto a paper evaluation form or integrated into an online evaluation.

Please place an X in the box that most accurately indicates your level of competency development as a result of participating in _____.

Knowledge

	Did not increase	Slightly increased	Moderately increased	Greatly increased
My understanding of the value of self-development.				

Value

	Did not increase	Slightly increased	Moderately increased	Greatly increased
The value I place on self-development.				

Ability

	Did not increase	Slightly increased	Moderately increased	Greatly increased
My motivation to engage in self-development.				

Please place an X in the box that most accurately indicates your level of engagement in the following competency during your participation in _____.

Behavior

	I did not	I did to some extent	I did
Engage in self-development.			